

Dr STYLIANOS K. VITTORAKIS

PERSONAL INFORMATION

Home Address:

Galatas
73100
Chania, GREECE

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68-70 Apokoronou St.
73135
Chania, GREECE

E-mail address: stelios@vittorakis.com**Web Address:** www.vittorakis.com**Nationality:** Greek**Place / Date of birth:** Chania, 27/05/1976**Gender:** male**Marital status:** Married (one son)

EDUCATION & TRAINING

1995 – 2002

Medical Degree

University of Athens, Medical School
Athens, GREECE

Febr. 2005 to May 2013

National and Kapodistrial University of Athens, GREECE

PhD course: Title: “Kinetics of dendritic cells subtypes in blood and skin of atopic patients upon one and multiple skin allergen challenges”.

December 2023

32nd Pan-Hellenic Respiratory Congress, Athens, Greece

October 2023

Asthma Seminar: “The new era in asthma management”,
Asthma Working Group of Greek Respiratory Society, Plastira
Lake, Greece

June 2023

Bridges of Pulmonology, Patras, Greece

June 2023

3rd Cretan Summer School of Respiratory Department -
SHARE- Heraklion, Crete

December 2022

31st Pan-Hellenic Respiratory Congress, Athens, Greece

September 2022	What is new in Respiratory Medicine, Respiratory Medicine Department-University of Ioannina, Greece
June 2022	2nd Cretan Summer School of Respiratory Department - SHARE- Heraklion, Crete
June 2022	Bridges of Pulmonology, Patras, Greece
September 2022	What is New in Respiratory Medicine, Ioannina Greece
December 2021	30 th Pan-Hellenic Respiratory Congress, Athens, Greece
October 2021	Asthma Seminar: “Asthma- Targeted therapies”, Asthma Working Group of Greek Respiratory Society, Kalampaka, Greece
September 2021	European Respiratory Society Virtual Congress
December 2020	29 th Pan-Hellenic Respiratory Congress, Athens, Greece
September 2020	ERS Virtual Congress plus COVID-19 Day
September 2020	What is New in Respiratory Medicine, Ioannina Greece
December 2019	28 th Pan-Hellenic Respiratory Congress, Athens, Greece
December 2018	27 th Pan-Hellenic Respiratory Congress, Athens, Greece
November 2018	19 th Pan-Cretan Medical Congress, Chania, Greece
June 2018	Asthma Seminar: “The new era in severe asthma treatment: Biological treatments and personalized approach”, Asthma Working Group of Greek Respiratory Society, Volos, Greece
November 2017	26 th Pan-Hellenic Respiratory Congress, Athens, Greece
November 2017	Hands on course on Diagnosis and Staging of Lung Cancer, Heraklion, Greece
May 2017:	6 th Panhellenic Medical Congress for Sleep Disorders, Athens Greece
May 2017:	43 rd Panhellenic Medical Congress, Athens Greece
November 2016	2 nd Panhellenic Medical Congress for Chest and Environmental Diseases, Thessaloniki, Greece

November 2016	18 th Pancretan Medical Congress, Rethymnon, Greece
May 2016	Asthma Seminar: "Asthma: Myths and realities" Greek Respiratory Society, Volos, Greece
April 2016	Breathing 2016: COPD and Asthma Scientific Event, Athens, Greece
November 2015	24 nd Pan-Hellenic Respiratory Congress, Athens, Greece
July 2015	ERS School Course: Smoking Cessation Using Innovative Techniques, Athens, Greece
October 2014	17 th Pancretan Medical Congress, Heraklion, Greece
March 2014	Asthma Seminar: "Asthma phenotypes and endotypes" Greek Respiratory Society, Athens, Greece
November 2013	22 nd Pan-Hellenic Respiratory Congress, Athens, Greece
April 2013	Asthma Seminar: "Asthma from A to A" Greek Respiratory Society, Athens, Greece
October 2012	21 st Pan-Hellenic Respiratory Congress, Athens, Greece
September 2011	European Respiratory Society Annual Congress 2011, Amsterdam, Netherlands.
January 2011	Hellenic Thoracic Society: Postgraduate Seminar In Chest Radiology
December 2010	ERS School Web-based Course On 'The management of infants identified with cystic fibrosis following newborn screening'
December 2010	Seminar in Smoking Cessation, Hellenic Thoracic Society, Athens
September 2010	European Respiratory Society Annual Congress 2010, Barcelona, Spain
July 2010	Hellenic Thoracic Society: 4th Teaching Seminar on 'Bronchoscopy: Science, Technique and Art', Athens

April 2009	'13th State-of-the-Art Interdisciplinary Review Course on Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care', Athens
April-May 2010	'ERS School Web-based Course On Chest Imaging: Technical aspects and interpretation'
June 2010	14th State-of-the-Art Interdisciplinary Review Course on Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care', Athens, GREECE
May 2009	35o Annual PanHellenic Medical Congress, Athens
April 2009	13th State-of-the-Art Interdisciplinary Review Course on Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care', Athens, GREECE
March 2009	ECR 2009 (European Congress of Radiology), Vienna, AUSTRIA
October- November 2008:	ERS School Web-based Course On Smoking Cessation
October 2008:	European Respiratory Society Annual Congress 2008, Berlin, GERMANY
April-May 2008	ERS School Web-based Course On Spirometry
April 2008	12th State-of-the-Art Interdisciplinary Review Course on Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care', Athens, GREECE
April 2008	Postgraduate Seminar in Respiratory Medicine, Anavyssos, GREECE
November- December 2007:	ERS School Web-based Course On Pulmonary Hypertension
April-July 2007	ERS School Web-based Course On Pneumonia
July 2007	ERS Research Seminar 'Severe Asthma', Athens , GREECE
April 2007	11th State-of-the-Art Interdisciplinary Review Course on Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care', Athens, GREECE

- March 2007 Postgraduate Seminar in Emergency Respiratory Medicine, Athens, GREECE
- March 2007 ECR 2007 (European Congress of Radiology), Vienna, AUSTRIA
- June 2006 EAACI & GA²LEN Summer School, Chalkidiki, GREECE
- March 2006 PAH University Course, Hospital Antoine Beclere, South Paris University, Clamart, FRANCE
- Jan. 2006 Scientific Meeting for Thromboembolic Disease – Pulmonary Hypertension, Athens, GREECE
- Nov. 2005 Postgraduate Seminar in Respiratory Failure: Imaging and Treatment, Athens, GREECE
- April 2005 9th State-of-the-Art Interdisciplinary Review Course on Pulmonary Diseases, Critical Care, Emergency Medicine & Nursing Care', Athens, GREECE

PROFESSIONAL EXPERIENCE

- November 2001 to date **Private Practice in Pulmonology** in Chania Crete. The surgery has the necessary equipment for the diagnosis and treatment of all pulmonary diseases. Inpatient treatment and bronchoscopy for hospitalized patients in Private Clinics.
- Sept 2011 **European Diploma in Adult Respiratory Medicine E.R.S – H.E.R.M.E.S (Harmonized Education in Respiratory Medicine for European Specialists)**
- March 2011 to Sept 2011 Research assistant/fellow in 7th Resp. Medicine Dpt. Postgraduate training in Sleep Disorders Lab of Sotiria Hospital, ATHENS
- 20 -1- 2011 **Senior Registrar in Respiratory Medicine**
- April 2006 to March 2011 **“Sotiria” Athens Chest Hospital, Athens, GREECE**
SHO II in Respiratory Medicine (inpatient work, outpatient clinics, emergency and on-call duties, bronchoscopy dept., Endobronchial EBUS Ultrasound Dept.)
- December 2005 **Department of Respiratory Medicine, ‘Sotiria’ Hospital, University of Athens, GREECE**

- Clinical fellow in Respiratory Medicine
- May 2004 – Nov 2004 **Dr. Vittorakis (General Practitioner) Private Clinic, Chania, Crete, GREECE**
Practicing in General Medicine (inpatient work, outpatient clinics, emergency duties)
- Aug. 2003 – May 2004 **HELLENIC ARMY FORCE**
5th Infantry Division, Chania, GREECE
8th Infantry Division, Megisti Island, GREECE
Second Lieutenant Doctor (inpatient work, outpatient clinics, emergency duties, medical support in military training expeditions)
- July 2002 – July 2003 **Meskla Regional Clinic, Kantanos Medical Center, Chania, GREECE**
SHO in General Medicine (mandatory Primary Health Care Service within the Greek NHS – outpatient clinics, house calls, emergency and on-call duties)
- April 2002 – July 2002 **“Agios Georgios” General Hospital, Chania, GREECE**
SHO in General Surgery, Cardiology and A&E (mandatory District Hospital Service within the Greek NHS – inpatient work, outpatient clinics, emergency duties)

RESEARCH AND PUBLICATIONS

- Feb. 2005 to date **Sotiria Athens Chest Hospital and Biomedical Research Foundation, Academy of Athens**
Research in Asthma and Allergic Diseases

Papers 2α. Δημοσιεύσεις

Stylianos K. Vittorakis, Georgia Giannakopoulou, Konstantinos Samitas, Eleftherios Zervas, Successful and safe treatment of severe steroid depended eosinophilic asthma with mepolizumab in a woman during pregnancy, Respiratory Medicine Case Reports, Volume 41, 2023, 101785, ISSN 2213-0071, <https://doi.org/10.1016/j.rmcr.2022.101785>.

Sampsonas F, Antonogiannaki M, Vittorakis S, et al. Preoperative evaluation of the respiratory system: A narrative review based on Hellenic Thoracic Society guidelines. *Pneumon*. 2023;36(3):18. doi:10.18332/pne/163183.

Kallieri M, Zervas E, Fouka E, Porpodis K, Mitrova MH, Tzortzaki E, Makris M, Ntakoula M, Papaioannou AI, Lyberopoulos P, Dimakou K, Koukidou S, Ampelioti S, Papaportfyriou A, Katsoulis K, Kipourou M, Rovina N, Antoniou K, Vittorakis S, Bakakos P, Steiropoulos P, Markopoulou K, Avarlis P, Papanikolaou IC, Markatos M, Gaki E, Samitas K, Glynos K, Papis SA, Papakosta D, Tzanakis N, Gaga M, Kostikas K, Loukides S. RELlight: A two-year REal-Life study of mepolizumab in patients with severe eosinophilic asTHma in Greece: Evaluating the multiple components of response. *Allergy*. 2022 Sep;77(9):2848-2852. doi: 10.1111/all.15382. Epub 2022 May 30. PMID: 35595723.

Vittorakis S., Georgakopoulou V. E., Apollonatos, G., Loukides, S., Liapikou, A. (2022). The role of private primary care pulmonologists network in Greece in the first year of COVID-19 pandemic. *Pneumon*, 35(3), 23. <https://doi.org/10.18332/pne/153021>

Kallieri M, Zervas E, Katsoulis K, Fouka E, Porpodis K, Samitas K, Papaioannou AI, Kipourou M, Gaki E, Vittorakis S, Markatos M, Dimakou K, Ampelioti S, Koukidou S, Makris M, Ntakoula M, Mitrova MH, Glynos K, Antoniou KM, Gaga M, Tzanakis N, Markopoulou K, Papakosta D, Bakakos P, Loukides S. Mepolizumab in Severe Eosinophilic Asthma: A 2-Year Follow-Up in Specialized Asthma Clinics in Greece: An Interim Analysis. *Int Arch Allergy Immunol*. 2020;181(8):613-617. doi: 10.1159/000508559. Epub 2020 Jun 22. PMID: 32570256.

Vittorakis S, Giannakopoulou G, Konstantinides K, Daskalaki A, Samitas K.. Isolated colonic metastasis two years after resection of stage IA primary adenocarcinoma of the lung: A case report. *Respir Med Case Rep*. 2018 Jul 17;25:86-88

Vittorakis S, Samitas K, Tousa S, Zervas E, Aggelakopoulou M, Semitekoulou M, Panoutsakopoulou V, Xanthou G, Gaga M. Circulating Conventional and Plasmacytoid Dendritic Cell Subsets Display Distinct Kinetics during In Vivo Repeated

Allergen Skin Challenges in Atopic Subjects. Biomed Res Int. 2014;2014:231036. Epub 2014 Apr 28

Skevaki CL, Psarras S, Volonaki E, Pratsinis H, Spyridaki IS, Gaga M, Georgiou V, Vittorakis S, Telcian AG, Maggina P, Kletsas D, Gourgiotis D, Johnston SL, Papadopoulos NG. "Rhinovirus-induced basic fibroblast growth factor release mediates airway remodeling features." Clin Transl Allergy. 2012 Aug 21;2(1):14.

Chorianopoulos D, Samitas K, Vittorakis S, Kiriazi V, Rondoyianni D, Tsaousis G, Skoutelis A. 'Extranodal natural killer/T-cell lymphoma, nasal-type.' Skinmed. 2010 Jan-Feb;8(1):56-8.

Samitas K, Zervas E, Vittorakis S, Semitekoulou M, Alissafi T, Bossios A, Gogos H, Economidou E, Lötvalld J, Xanthou G, Panoutsakopoulou V, Gaga M. 'Osteopontin expression and relation to disease severity in human asthma.' Eur Respir J. 2010 Jun 18. [Epub ahead of print]

E. Zervas, K. Samitas, S. Vittorakis, M. Koutsami, A. Thomopoulos, A. Liapikou, E. Economidou, M. Gaga: Safety of research bronchoscopy in mild-moderate and severe asthma, Pneumon. 2010; 23:34-47

Samitas K, Chorianopoulos D, Vittorakis S, Zervas E, Economidou E, Papatheodorou G, Loukides S, Gaga M. 'Exhaled cysteinyl-leukotrienes and 8-isoprostane in patients with asthma and their relation to clinical severity.' Respir Med. 2009 May;103(5):750-6. Epub 2008 Dec 24.

D.Chorianopoulos, K. Samitas, S. Vittorakis, V. Makrygianni, A. Tassidou, Ch.Vadala, A. Skoutelis: Indolent fever, weight loss and spleen infiltrate. Scandinavian Journal of Gastroenterology, 2008; 43: 1275:1278

K.Samitas, S.Vittorakis, D.Chorianopoulos, E.Oikonomidou, M.Gaga: Immunological Mechanisms in The Lung. Pneumon, 2007;20;3274

Oral Presentations

S.Vittorakis: Exacerbation of obstructive lung diseases at Primary Care- Online courses of Hellenic Respiratory Society, 20/3/2024

S.Vittorakis: Guidelines of management of cough- 32nd Pan-Hellenic Respiratory Congress, December 2023, Athens, Greece

S.Vittorakis “Eosinophilic granulomatosis with polyangiitis (EGPA)”, Asthma Working Group of Greek Respiratory Society, October 2023, Plastira Lake, Greece

S.Vittorakis: Primary Care & Respiratory Medicine Session: Case presentation, 3rd Cretan Summer School of Respiratory Department -SHARE- June 2023, Heraklion, Crete

S.Vittorakis “Bronchiectasis”, Primary Care Working Group of Greek Respiratory Society, March 2023, Volos, Greece

S.Vittorakis “Meet the specialty of Pulmonology Medical School of University of Crete, February 2023

S.Vittorakis: Adrenal Suppression in asthma patients receiving oral on inhaled corticosteroids, 31st Panhellenic Respiratory Congress, December 2022

M.Kallieri, E.Zervas, E.Fouka, K.Porpodis, Marija Hadji Mitrova, E.Tzortzaki, M.Makris, M.Ntakoula, A.Papaioannou, P.Lyberopoulos, K.Dimakou, S.Koukidou, S.Ampelioti, A.Papaporfyriou, K.Katsoulis, M.Kipourou, N.Rovina, K.Antoniou, **S.Vittorakis**, P.Bakakos, P.Steiropoulos, K.Markopoulou, P.Avarlis, I.Papanikolaou, M.Markatos, E.Gaki, K.Samitas, K.Glynos, S.Papiris, D.Papakosta, N.Tzanakis, M.Gaga, K.Kostikas, S.Loukides, , THE CLINICAL OUTCOME OF PATIENTS WITH SEVERE ASTHMA AND PREVIOUS TREATMENT WITH OMALIZUMAB WHEN TREATED WITH MEPOLIZUMAB IN GREECE, 31st Panhellenic Respiratory Congress, December 2023

Χρυσούλα Κοντογιάννη, Κωνσταντίνος Σάμιτας, Πέτρος Μπακάκος, Νικολέτα Ροβίνα, Στυλιανός Λουκίδης, Ανδριάννα Παπαϊωάννου, Νικόλαος Τζανάκης, Κατερίνα Αντωνίου, Κατερίνα Δημάκου, Γεώργιος Χειλάς, Κωνσταντίνος Κατσούλης, Μαρία Κηπουρού, Νίκη Γεωργάτου, Δημοσθένης Παπαπέτρου,

Ουρανία Κώτσιου, Νικόλαος Ζίας, Ευαγγελία Φούκα, Κωνσταντίνος Πορπόδης, Μαρία Χατζημήτροβα, Δέσποινα Παπακώστα, Πασχάλης Στειρόπουλος, Κωνσταντίνος Κωστίκας, Αθηνά Γόγαλη, Αγάπη Αγγελοπούλου, Κωνσταντίνος Τάτσης, Ηλίας Παπανικολάου, Ελευθερία Χαΐνη, Μιλτιάδης Μαρκάτος, Στυλιανός Βιτωράκης, Παντελής Αβαρλής, Ελένη Γάκη, Δημήτριος Λάτσιος, Ελένη Τζωρτζάκη, Ελευθέριος Ζέρβας, FOLLOW UP ENOS ETOYΣ ASΘENΩN ME ΣΟΒΑΡΟ ΗΩΣΙΝΟΦΙΛΙΚΟ ΑΣΘΜΑ ΥΠΟ ΜΠΕΝΡΑΛΙΖΟΥΜΑΜΠΗ (GREEK REAL LIFE REGISTRY OF BENRALIZUMAB: REALISM STUDY) 31ο Πανελλήνιο Πνευμονολογικό Συνέδριο, Δεκέμβριος 2022, Αθήνα

S.Vittorakis: Primary Care & Respiratory Medicine Session: Case presentation, 2nd Cretan Summer School of Respiratory Department -SHARE- June 2022, Heraklion, Crete

S.Vittorakis: The role of Primary Care Pulmonologist in management of COVID-19 patients, Bridges of Pulmonologist, June 2022, Patras

S.Vittorakis: Chronic Cough – 30th Panhellenic Respiratory Congress, December 2021

S.Vittorakis, “ Eosinophilic granulomatosis with polyangiitis (EGPA)”, Asthma Seminar: “Asthma- Targeted therapies”, Asthma Working Group of Greek Respiratory Society, October 2021 Kalampaka, Greece

M.Kallieri, E.Zervas, K.Katsoulis, E.Fouka, K.Porpodis, K.Samitas, A.Papaioannou, M.Kipourou', P.Lyberopoulos, E.Gaki, **S.Vittorakis**, M.Markatos, K.Dimakou', S.Ampelioti, S.Koukidou, M.Makris, M.Ntakoula, M.Hadji Mitrova, S.Papiris, N.Tzanakis, D.Papakosta, P.Bakakos, M.Gaga, S.Loukides: “FOLLOW-UP OF PATIENTS WITH SEVERE EOSINOPHILIC ASTHMA RECEIVING MEPOLIZUMAB FOR ONE YEAR IN SPECIALIZED ASTHMA CLINICS IN GREECE, 28th Pan-Hellenic Respiratory Congress, December 2019, Athens, Greece

S.Vittorakis, “Do all patients treated for COPD suffer from the disease?”, Primary Medical Care seminar, February 2019, Chania, Greece

E.Fragakis, S.Vittorakis, A.Papadaki, A.Kazi, S.Niforatu-Daskalaki, E.Gavrilakis, E.Papadakis. Vitamin D levels in adults in Chania District, Greece. 19th Pan-Cretan Medical Congress. November 2018, Chania, Greece.

S.Vittorakis "Allergic Bronchopulmonary Mycosis", Asthma Seminar: "The new era in severe asthma treatment: Biological treatments and personalized approach", Asthma Working Group of Greek Respiratory Society, June 2018, Volos, Greece

S.Vittorakis, M.Papadakakis, E.Michelaki, S.Niforatu-Daskalaki, E.Gavrilakis, E.Papadakis. "Bell's palsy due to Lyme disease", 18th Pancretan Medical Congress, November 2016, Rethymnon, Greece

S.Vittorakis, "Cough Variant Asthma" Asthma Seminar, Greek Respiratory Society, May 2016, Volos, Greece

S.Vittorakis, E.Michelaki, S.Niforatu-Daskalaki, E.Gavrilakis, E.Papadakis. "Severe hypokalemia and hypertension due to undiagnosed primary hypoaldosteronism", 17th Pancretan Medical Congress, October 2014, Heraklion, Greece

S.Vittorakis, "Top 5 last year's articles on asthma phenotypes" Asthma Seminar, Greek Respiratory Society, March 2016, Eretria, Greece

K. Samitas, E.Zervas, S.Vittorakis, A. Bossios, E.Economidou, J. Lotvall, G.Xanthou, V.Panoutsakopoulou and M.Gaga, 'Osteopontin expression and relation to disease severity in human asthma', ERS Annual Congress, September 2010, Barcelona

S.Vittorakis, I.Petrochelou, E.Zervas, 'Induced Sputum', 25th Postgraduate Seminar, Hellenic Thoracic Society, 2009, Athens

K. Samitas, G.Xanthou, S.Vittorakis, E.Zervas, T.Alissafi, E.Economidou, V.Panoutsakopoulou and M.Gaga, 'Osteopontin is increased serum, BAL and bronchial tissue of asymptomatic smokers, ERS Annual Congress, September 2009, Vienna

K. Samitas, E.Zervas, S.Vittorakis, E.Economidou, V.Panoutsakopoulou, G.Xanthou and M.Gaga, 'Increased

Activin-A expression in serum, BAL and bronchial tissue of asthmatic patients', ERS Annual Congress, September 2009, Vienna

K. Samitas, G.Xanthou, S.Vittorakis, E.Zervas, T.Alissafi, M.Semitekolou, E.Economidou, Jan Lotvall, M.Gaga and V.Panoutsakopoulou, 'Osteopontin Expression in BAL, serum and bronchial tissue in asthma' June 2009, Warsaw

S.Vittorakis, K. Samitas, M.Agelakopoulou, M.Semitekolou, V.Panoutsakopoulou, G.Xanthou and M.Gaga 'Different kinetics of blood plasmacytoid (pDCs) and myeloid Dendritic Cells (mDCs) upon allergen challenge in the skin of atopic patients', ERS Annual Congress 2008, Berlin, Germany

Thematic Presentations

Maria Kallieri (Aspropyrgos, Greece), Eleftherios Zervas, Evangelia Fouka, Konstantinos Porpodis, Marija Hadji Mitrova, Eleni Tzortzaki, Michael Makris, Maria Ntakoula, Andriana I. Papaioannou, Panagiotis Lyberopoulos, Katerina Dimakou, Sofia Koukidou, Sevasti Ampelioti, Anastasia Papaporfyriou, Konstantinos Katsoulis, Maria Kipourou, Nikoletta Rovina, Katerina Antoniou, Stylianos Vittorakis, Petros Bakakos, Paschalis Steiropoulos, Katerina Markopoulou, Panteleimon Avarlis, Ilias C Papanikolaou, Miltiades Markatos, Eleni Gaki, Konstantinos Samitas, Konstantinos Glynos, Spyros A. Papiris, Despoina Papakosta, Nikolaos Tzanakis, Mina Gaga, Konstantinos Kostikas, Stelios Loukides, RELight: A two-year REal-Life study of mepolizumab in patients with severe eosinophilic asthma in Greece: evaluating the multiple components of response, European Respiratory Society (ERS) International Congress, Barcelona 2022

S.Vittorakis, G.Giannakopoulou, O.Alygizaki, A.Psarakis, E.Gavrilakis, E.Papadakis: Recurrent middle lobe pneumonia mimicking lung cancer (in bronchoscopy and radiology findings) due to foreign body aspiration two months earlier in a healthy adult, 27h Pan-Hellenic Respiratory Congress, November 2018, Athens, Greece

S.Vittorakis, G.Giannakopoulou, K.Konstantinides, A.Daskalaki, A.Papathanasiou, K. Samitas, E.Zervas: Isolated colonic metastasis two years after resected and non-locally recurred stage IA (T1bN0M0) primary lung adenocarcinoma.

26th Pan-Hellenic Respiratory Congress, November 2017,
Athens, Greece

I.Spyridakh, C.Skeyaki, K.Trochoutsou, S.Vittorakis,
I.Christodoulou, P.Mpakakos, S.Loukides, M.Gaga,
N.G.Papadopoulos, 'Rhinovirus induced cytotoxicity in
epithelial cells differs between upper and lower respiratory
tract of asthmatic patients', 8th Panhellenic Congress of
Allergology and Clinical Immunology, April 2010, Athens

K.Samitas, D.Chorianopoulos, S.Vittorakis, E.Zervas,
E.Economidou, G. Papatheodorou, S.Loukides, and M.Gaga:
Eicosanoids in EBC in adults with asthma and their relation to
clinical severity, ERS Annual Congress 2008, Berlin,
Germany

Economidou E., Lambrou P., Samitas K., Zervas E., Liapikou
A., Vittorakis S., Gaga M.: Safety of research bronchoscopy in
mild, moderate and severe asthma, ERS Annual Congress
2008, Berlin, Germany

V.Panoutsakopoulou, G.Xanthou, E.Oikonomidou, T.Alissafi,
K.Samitas, S.Vittorakis, M.Gaga (Athens, Greece) Increased
expression of Eta-1/osteopontin in asthma biopsies. *Eur
Respir J* 2006; *Suppl. 50*,236s

REVIEWER FOR MEDICAL JOURNALS

Reviewer for BMC Pulmonary Medicine, American Journal of
Case Reports, ERJ Open Research, European Respiratory
Journal, Therapeutic Advances in Respiratory Diseases

SOCIAL CONTRIBUTION

February 2017

Coordinator in smoking cessation innervation in population-
based program organized by local authorities and Chania
Medical Association

April to May 2016

Free spirometry testing for residents at Open Care Centers for
the Elderly in Kounoupidianna, Koumpes ,Pachiana and
Chalepa (organized by Municipality of Chania). Free
spirometry testing for workers at Technical University of Crete.

November 2011 to date Publications on local newspapers and participation on television programs for lung diseases

LICENSES & MEMBERSHIPS

2011	Member of Chania Medical Association
2004	Member of the European Respiratory Society
2004	Full member of the Hellenic Thoracic Society
12/03/2002	Granting of License to Practice Medicine in Greece Athens Prefecture Medical Board, Directorate of Health & Public Hygiene, Hellenic Republic
March 2002	Fully registered with the Athens Medical Council, GREECE

NATIONAL GUIDELINES- Hellenic Thoracic Society

Management of Long COVID-19 disease
Spirometry guidelines during COVID-19 Pandemic
Preoperative evaluation of the respiratory system
Management of cough in adults

TEACHING EXPERIENCE

- March 2024: E-learning courses of Hellenic Respiratory Society
- November 2023 Lecture, training and Hands on course for pharmacists on correct use of inhalers, Chania
- September 2023 E-learning courses of Hellenic Respiratory Society
- **April 2017:** Qualified as Smoking Cessation trainer for healthcare professional in a program organized by World Health Organization, European Respiratory Society and Greek Center for Disease Control (KEELPNO).

- April 2006 – Nov 2011 **Junior Doctors' Postgraduate Courses Lecturer**
"Sotiria" Athens Chest Hospital, Athens, GREECE

LANGUAGES

- **Greek** (Mother tongue)
- **English**
Certificate of Proficiency in English, University of Cambridge (1999)
First Certificate in English, University of Cambridge (1993)

PERSONAL SKILLS

- Excellent skills in computers & internet (web design, Microsoft access database creation)

